



the endometriosis
network **canada**™

FOR IMMEDIATE RELEASE

CN Tower Lights Yellow for Endometriosis Awareness Month and EndoMarch - Starting at sunset on Saturday March 19th 2016, until sunrise on Sunday March 20th 2016, the CN Tower in Toronto, the tallest building in the western hemisphere, will be [lighting yellow to mark Endometriosis Awareness Month](#). The Tower will, as it does every night, run a light show for 8 minutes at the top of every hour. The lighting will be decreased between 8:30pm and 9:30pm for The Tower to mark Earth Hour. The Endometriosis Network Canada (TENC) is calling on people living with endometriosis and their supporters to gather at the base of the tower on the 19th from 8:00pm – 8:30pm to take in the light show.

Other landmarks across Canada stand united for endometriosis awareness by lighting in yellow on March 19th, including the **Calgary Tower** and the **High Level Bridge** in Edmonton. Events will take place in major cities all over the world for a third year in a row.

Official Canadian EndoMarch events to take place on May 7th 2016 - 17 cities across Canada will participate in additional live events during warmer weather. TENC is running an online event throughout the month of March and until May 7th encouraging people to send in their personal wishes using **#awishnoted** (an anagram for “what is endo?”) via Twitter, Facebook and e-mail. These wishes will be displayed both online and on a physical wall of wishes in Toronto on May 7th.

Endometriosis is a painful, incurable disease that affects approximately 800,000 women across Canada. The symptoms can range from mild to debilitating. Endometriosis occurs when tissue similar to the lining of the uterus implants abnormally outside of the uterus and forms lesions, cysts, nodules and other growths. There is no consensus on the cause of endometriosis, and treatments vary with the severity of the symptoms of the disease.

The Endometriosis Network Canada strives to create education, support, awareness and resources for those with endometriosis, and those affected by it.

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